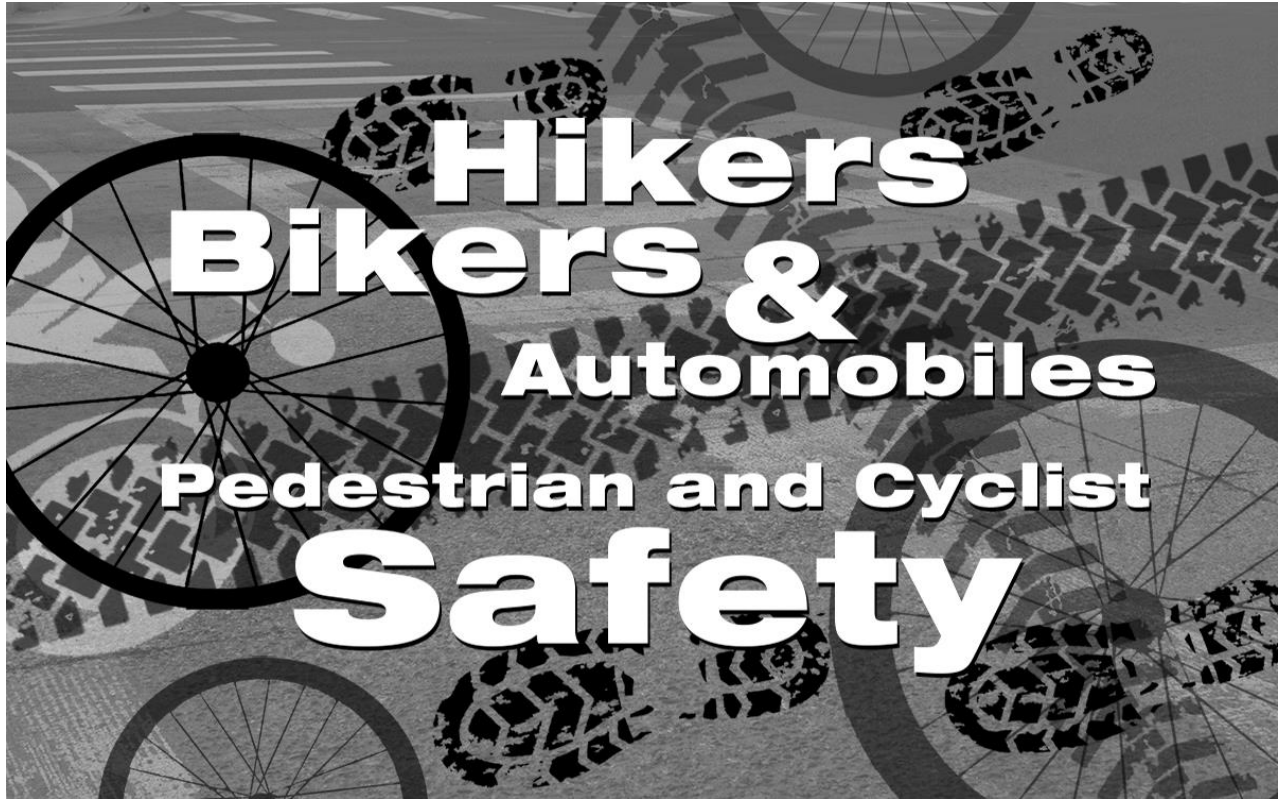


DISCUSSION / VIEWER GUIDE



This Discussion Guide is made possible by
Bernalillo County/Department of Substance Abuse Programs

In association with

New Mexico Department of Transportation
The City of Albuquerque
State Farm Insurance
Bike ABQ
and
SafeTeen New Mexico

Created by
Christopher Productions, LLC

THANK YOU

Thank you for your interest in the **Hikers Bikers and Automobiles** Discussion Guide. We are excited to present this program to ignite discussion throughout New Mexico regarding pedestrian and bicycle/motorcycle safety. Our goal is to help all transportation mode users understand how EVERYONE plays a role in keeping our roadways safe for all to use.

This guide includes ideas for discussions and activities for mid and high school students as well as adults. Feel free to alter any of these suggestions for a better fit with your particular group. This is intended as a guide and starting point.

You may find it helpful to visit some of the websites listed under resources near the end of this guide for further information on this and other issues of concern for our communities including dangers of illegal use of prescription drugs, mental health issues, alcohol and drug issues, date violence, body image and others.

RESPONSE REQUESTED: We supply these materials to you free of charge, in the hope that they support your efforts in reaching people with enlivened discussions about safety on the road no matter the mode of transportation you choose. We ask in return for you let us know how you are using this so we can track the number of participants and the lives you've affected. A response page can be found at the end of this guide.

On behalf of all the sponsors, thank you for taking the time to view and use our program about safety on the road. Together, we can all make a difference by helping to educate and inform to help keep each other safe.

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SHOW OVERVIEW

It's clear that when bicyclists, motorcyclists or pedestrians are involved in a clash with autos, the damage to humans is significant and many times, fatal. Unfortunately many people are not familiar with the rules of sharing the roadways. When alcohol is in the mix for any mode user, cyclists and pedestrians are in grave danger around automobiles. This campaign utilizes a variety of media and video tools to reach cyclists, pedestrians and especially motorists to emphasize how to safely share our streets.

The project also includes several short videos that will be used in driver education classes throughout New Mexico to start new drivers thinking about pedestrian and bike safety from the beginning.

The project centers on a documentary that was broadcast during the Spring of 2016 as people begin to become more active outdoors. It has also been distributed to school districts and organizations throughout New Mexico.

Please read the script and watch the program prior to sharing it with your organization or group. This will make discussion easier and more effective.

THE SCRIPT IS AVAILABLE THROUGH

www.SafeTeen.net

and

www.ChristopherProductions.org

This guide includes discussion and activity ideas for involving people at various levels of development. **Further information and a complete list of additional resources are included at the end of this guide.** Our hope is that this is just the beginning, and that together we can make an important difference in our communities and help keep everyone safe.

GENERAL INFO

The number of cyclist deaths per capita for New Mexico was second only to that of Florida in 2010-12, and 50 percent higher than the U.S. rate in that period.

New Mexico Department of Health

In Bernalillo County, Alcohol-involved Pedalcycle Crashes have almost doubled from 2010 to 2012 (7 to 13)

New Mexico Dept. of Transportation DWI report 2012

Cyclists killed in NM from 2009 to 2013 — 36

NM cyclists killed in 2013 — 7

NM cyclists hospitalized in 2013 — 89

NM cyclists treated for injuries in 2013 — 1,684

In Bernalillo County, pedestrian deaths accounted for **31 percent of all traffic fatalities in 2011**. Nationally, pedestrian fatalities make up about 14 percent of all traffic fatalities.

Mid Region Metro Planning Organization 2014

In Bernalillo County, Alcohol-involved Pedestrian Crashes have gone from 31 in 2010 to 47 in 2012.

New Mexico Dept. of Transportation DWI report 2012

TARGET AUDIENCE

The target audience for this campaign will be **all New Mexico motorists, pedestrians, cyclists** and community leaders. **All viewers** will learn about the laws governing use of the roadways but more importantly, will understand the dangers that can be eliminated with simple courtesy and awareness. This will be an opportunity for communities to come together and design solutions for their area.

APPROACH: UNDERSTANDING THE RULES OF THE ROAD

Through real stories that have affected families, friends and communities, we will illustrate how awareness of motorists, cyclists and pedestrians as well as thoughtfulness can eliminate tragic outcomes.

The documentary and video pull out pieces developed as well as the process we use to create the project will help citizens understand the laws, safety for all roadways and how alcohol can play an extremely dangerous role for any one driving, walking or riding a bicycle on or near our roadways.

PRODUCTS of the CAMPAIGN

DOCUMENTARY SPECIAL AND BROADCAST (25-28 minute)

FOLLOW UP BROADCAST COMMUNITY CONVERSATION (25-28 minute)

DISTRIBUTION OF DOCUMENTARY AND COMMUNITY CONVERSATION Prime time on television throughout New Mexico and to schools throughout the State.

SHORTENED VERSION OF DOCUMENTARY (15 to 20 minutes)

Shortened documentary for use at services clubs or in the classroom.

PULL OUT SPECIALTY VIDEOS (several specific videos / 3 to 8 min each)

Short videos created from the original documentary but highlighting a specific issue.

INFORMATIONAL PROMOS CREATION AND DISTRIBUTION

TV stations air prior to broadcast and continued use on websites and social media.

SERIES of NEWS STORIES

On partner TV station leading up to the broadcast.

VIEWING GUIDE for use in classrooms to accompany the documentary.

SOCIAL MARKETING COMPONENT,

facebook and twitter creation/interaction and other web feedback.

PREMIERE GALA EVENT

to celebrate the project and honor our sponsors and partners prior to broadcast.

The purpose of this project is:

To give **YOU** a tool...something to rally around...to address these dangers and help END IT in **YOUR community**. Check out your tools below:

To get copies of the tools above, please visit:

www.SafeTeen.net

V I E W I N G S U G G E S T I O N S

- **Provide additional information and instruction.**

The information and stories in “Hikers, Bikers and Automobiles” are presented in a style that serves as a catalyst for thoughtful discussion. It is assumed by the creators of the program that more in-depth information and instruction will be provided by the group leader or teacher. Some of this information can be found in the resource section of this guide.

- **Discuss the content before watching the show.**

Many people today are exposed regularly to situations in which they must make decisions about their own behavior. Briefly discuss the content before watching the show in order to make the discussion after the show more effective. **Discuss the difference between a documentary (real life) and a fictional movie (created script). Discuss that this is about real people in New Mexico. And that the people in the show are not actors but experts and citizens.**

- **Set ground rules prior to viewing.**

Teachers or group leaders need to be prepared to offset disruptions in order to guarantee respect for those wanting to see the show. Talk to your group ahead of time and agree on appropriate behavior during the viewing. This should include **no talking, comments or asking questions** until the show is concluded. You should also supply or **have available paper and pens/pencils** so that people can **jot down ideas and questions during the viewing for later discussion.**

- **Use “Discussion and Activities” that fits your group.**

There are many ways to encourage open discussion. Since the need for facilitation and supervision will vary among ages, more age-specific suggestions are given on the following pages.

P R I O R T O V I E W I N G

Instructors: Please keep in mind that this guide contains discussion questions that may be sensitive in nature and may cause uncomfortable feelings and emotions to surface for some people due to personal experience or other reasons. If you're a teacher, have counselors or other resources available for youth who may have issues that need to be addressed. For other groups or organizations, be sure to make everyone comfortable and suggest that if folks feel upset for any reason that they are certainly invited to step out of the viewing.

Have resource information readily accessible and discuss only those questions that you feel comfortable handling.

PRIOR TO SHOWING THE DOCUMENTARY:

1. Be certain to preview the video and read through this guide.
2. Gather and have available print resources (reference resources list at the end of this guide).
3. Download and read the script of the video.
4. Determine how much time you will have and what the discussion goal will be.
5. If you can, ask a trained expert to assist with the discussion (perhaps a school counselor).
6. Use clear guidelines. Avoid general, unstructured discussion.
7. Allow enough time to discuss the topics after the viewing.
8. Discuss only those questions that you feel comfortable handling.

Go over the following with your group prior to viewing:

1. Explain that this is about making everyone safer on the roadways.
2. Be certain all cell phones and pagers are turned off.
3. Be sure everyone has pen and paper and encourage them to jot down notes, ideas, and questions. (perhaps review questions you'll be asking after the show – see "Discussion" Section. – and have them jot down some answers.)
4. Explain the program is a half hour long and then a discussion about the program will follow.
5. Explain that the video was created with the help of people in New Mexico and that all the **interviews are real**. You might explain the difference between a documentary (real stories and people) and a fictional film (written and not real).
6. Tell your group that if they feel uncomfortable at any point they may choose not to watch (be sure to arrange for a place where they can go in advance).
7. Explain that the program may be an emotional experience and to respect everyone's personal feelings.

AFTER VIEWING

Because it is important to protect everyone during the discussion, ask the group **not to use any names**, and set ground rules that include using the phrase “a person I know” **OR REFERRING TO THE PEOPLE IN THE VIDEO** each time.

Explain that after the discussion if anyone wants to talk about specific issues, they can do that in private (with a school counselor or other professional). Make that a strong point and have resources available.

- 1. Give everyone a few moments to jot down ideas and questions they may have about the information in the documentary.**
- 2. Explain that this is not a tattletale session, it's not about telling on others.**
- 3. Say that this will be a discussion about the facts regarding roadway safety and how we can keep everyone safe.**
- 4. Follow some of the ideas for discussion in this guide and from the aforementioned specialized tapes you may have already viewed as group leader.**
- 5. Be sure to leave enough time for adequate discussion. If time is short after the viewing (30 minutes or less), you may want to take just one of the discussion topics and leave the rest for later.**

SHOW STATISTICS

INFORMATION for ACTIVITIES and DISCUSSION

REASONS FOR WALKING, RUNNING, CYCLING:

38% of Adults in America are obese.

2013-14 Centers for Disease Control

60% of US adults do not meet recommended levels of physical activity and 25% are completely sedentary.

US Surgeon General 2009

The US adult sedentary lifestyle is estimated to contribute to as many as 255,000 preventable deaths per year.

US Surgeon General 2009

New Mexico data shows that at least a quarter of kindergarten children are overweight or obese and about a third of third graders

Dr. Sylvia Negrete

For workers 16 and over;
89.7% drive a car to their place of employment.
2.4% walk to work.
1% use public transportation.
0.7% ride a bike to work.

U.S. Census, New Mexico 2010

ALCOHOL INVOLVED CRASHES (Pedestrians, Cyclists, Autos)

Of all crashes involving pedestrians, 23% involved alcohol.
Of those crashes involving alcohol and pedestrians, it was the pedestrians who were under the influence of alcohol 93% of the time.

NM Department of Transportation 2012

Alcohol involvement by either the driver or non-motorist was reported in more than 37% of the traffic crashes that killed a bicyclist and 48% of crashes that killed a pedestrian.

NM Department of Transportation 2012

Almost one fourth (24%) of bicyclist killed in traffic crashes in 2012 were alcohol impaired (at or above .08 BAC)

NM Department of Transportation 2012

34% of pedestrians killed in traffic crashes in 2012 were alcohol impaired (at or above .08 BAC)

CRASHES (Pedestrians, Cyclists, Autos)

New Mexico had the highest motor vehicle traffic pedestrian death rate in the U. S. in 2012, which was almost 2 times higher (1.9) than the U.S. rate.

New Mexico Epidemiology 2015

In 2013 in New Mexico, 52 pedestrians were killed in motor vehicle traffic collisions, 109 were hospitalized and 499 were treated and released.

New Mexico Epidemiology 2015

New Mexico had the second highest pedal cycle death rate in the U. S. in 2012 which was almost 1.5 times higher than the U.S. rate.

New Mexico Epidemiology 2015

In 2013 in New Mexico, 7 pedal cyclists were killed in motor vehicle traffic collisions, 89 were hospitalized and 1,684 were treated and released.

New Mexico Epidemiology 2015

Although Albuquerque has 26.5% of the states population, 48.4% of pedestrian crashes and 40.9% of all crashes occur in Albuquerque.

NM Department of Transportation 2012

More than half (61.7%) of bicycle crashes in Bernalillo County from 2008 to 2011 occurred on roadways without bicycle infrastructure.

Mid-Region Council of Governments 2013

MOTOR VEHICLE DISTRACTIONS

Drivers **using cell phones** are **5 times more likely to crash** than non-distracted drivers. People are **as impaired when they drive and talk on a cell phone as they are when they drive intoxicated.**

Summer Issue "Human Factors", Research University of Utah

60% of drivers under age 35 say talking on the phone makes NO DIFFERENCE to their driving performance.

National Highway Transportation Safety Administration

Texting takes your eyes off the road an average of 4.6 SECONDS

Virginia Tech Transportation Institute

One in four teens respond to a text message once or more every time they drive.

University of Michigan Transportation Research Institute

One out of every eight motor vehicle accidents is due to sleepy driving.

University of Iowa

68% of drivers 18 to 20 answer incoming calls while driving

60% of drivers 45 to 64 answer incoming calls while driving.

78% of drivers 25 to 34 answer incoming calls while driving

National Highway Transportation Safety Administration

MOTORCYCLE CRASHES

In New Mexico in 2014 there were 46 motorcycle fatalities with 9 of those wearing helmets (35 not wearing helmets and 2 unknown).

National Highway Traffic Safety Administration 2015

In 2013, 28 percent of all fatally injured motorcycle riders had BACs of 0.08 percent or higher. Another 7 percent had lower alcohol levels (0.01 to 0.07 percent BAC).

Insurance Information Institute December 2015

Fatally-injured motorcycle riders between the ages of 40 to 49 had the highest rate of alcohol involvement (40 percent), followed by the 35 to 39 age group (33 percent).

Insurance Information Institute December 2015

In 2013 motorcycle riders killed in traffic crashes at night were almost four times more likely to have BAC levels of 0.08 percent or higher (46 percent) than those killed during the day (12 percent).

Insurance Information Institute December 2015

The reported helmet use rate for motorcycle riders with BACs at or over 0.08 percent who were killed in traffic crashes was 46 percent in 2013, compared with 66 percent for those who did not have any measurable blood alcohol.

Insurance Information Institute December 2015

In 2013, 34 percent of all motorcycle riders involved in fatal crashes were speeding, compared with 21 percent for drivers of passenger cars.

National Highway Transportation Safety Administration

DISCUSSION

Middle School Students

OVERVIEW:

It is important that young people are provided with tools to make smart decisions on their own. **Young people will make better decisions if they understand that their actions will have consequences.**

Discuss the three key ways that all transportation mode users (autos, bicycles, motorcycles and pedestrians) can help everyone be safer:

VISIBILITY (be sure everyone can see you; clothing, lighting, where you are on the road)

PREDICTABILITY (be sure to follow the rules of the road: be where you should be and do what you should do – signal your intentions at all times)

COMMUNICATION (let everyone know what you are going to do – goes with predictability – eye contact, hand signals, lights and blinkers)

Discuss why the producers used **images that were speeded up** (fast motion) and then super slow motion in the film:

Because crashes happen in moments and SPEED plays a huge role in injuries. Go over the Speed Chart from the documentary that is included at the end of this guide.

REVIEW by showing the short video on the DVD: “SPEED”

BICYCLE SAFETY:

What are the keys to being safe riding a bicycle? (visibility, predictability, communication).

Why is it so important that bicyclists follow the rules of the road and what are those rules? (so they are predictable and they must follow all vehicle rules just like cars)

REVIEW by showing the short videos : “VISIBILITY” and “PREDICTABILITY”

PEDESTRIAN SAFETY:

What are the keys to being safe as a pedestrian? (visibility, predictability, communication)

Where should you cross a road? (ideally at a lighted crosswalk or intersection and always follow any pedestrian signs at the location)

REVIEW by showing the short video: “PEDESTRIANS”

A C T I V I T I E S

Middle School Students

Create a “healthy you” campaign that includes walking or biking to school as a group (perhaps once a week or every day)

Have the students write and then act in a scene about how passengers in a car can stop the driver from doing things that are distracting.

Have the class write a paragraph about why even HEARING the text or voice alert can be distracting and why you should turn your phone off. (even hearing the vibration can cause your mind to wonder who called).

Have the students **create posters for the school** about

- 1) how important it is to eliminate distractions – use various distraction examples
- 2) how even a moment of distraction can cause a crash and
- 3) how vulnerable pedestrians, bicyclists and motorcyclists are compared to automobiles
- 4) the keys to safety for cyclists and pedestrians:
Visibility, Predictability, Communication

Have the students **create an ad campaign** (perhaps videos and radio ads or posters/bill boards) about:

- The three keys to safety on your bicycle
- The three keys to safety when walking
- The importance of stopping distracted driving
- How to be a hero by stopping a friend from driving distracted.
- How parents need to be the role model and not drive distracted.

DISCUSSION

High School Students

OVERVIEW:

It is important that young people are provided with tools to make smart decisions on their own. **Young people will make better decisions if they understand that their actions will have consequences.** Use the following questions to generate discussion and how they can help themselves and others.

HEALTH AND EXERCISE QUESTIONS:

Why did the producers begin the show talking about obesity and exercise?

How do the statistics from the show (“Reasons for Running, Walking, Cycling” listed in this guide) relate to themselves and their friends/families.?

How does a focus on healthy lifestyles, exercise relate to the overall project (biking and walking/jogging safety)?

DRIVING DISTRACTIONS:

How does distracted driving relate to pedestrians and cyclists? (difference between a crash with another car and one with peds or cyclists)

Why are youth are less likely to take distracted driving seriously, regarding being in car crashes. (It won't happen to me because it hasn't yet)

What are the three forms of distraction? (visual, physical, mental - eyes off the road, hands off the wheel, mind off of driving).

Why and how is it harder for young people to stop using their electronic devices while driving? (cell phones and other devices – they have grown up with them – digital natives).

How do each of these distractions relate to the three forms? (texting, all three; hands free cell, mind; drinking, could be visual and/ physical but certainly mental; sleepy, mind; etc)

Which distractions are most likely to cause them or their peers to have a crash with a pedestrian or cyclist?

HIGH SCHOOL DISCUSSION CONTINUED

Which distractions are most likely to cause their parents or teachers to have a crash with a pedestrian or cyclist?

Have their minds changed regarding distracted driving and how to treat pedestrians and cyclist and if so how and why?

REVIEW by showing the short video: “SPEED” and “BIKERS”

PEDESTRIAN SAFETY:

What are the keys to being safe as a pedestrian? (visibility, predictability, communication)

Where should you cross a road? (ideally at a lighted crosswalk or intersection and always follow any pedestrian signs at the location)

REVIEW by showing the short video: “PEDESTRIANS”

A C T I V I T I E S

High School Students

- Create a **healthy student campaign** for the school that includes walking or biking to and from school as a group. Part of the campaign should include the three keys to safely walking/jogging or cycling. You might also include the poster or ad campaign listed below.
- Have the students figure out how far a car travels at various speeds during the average text message (4.6 seconds).

Have the students research the number of crashes in their town due to distracted driving and what kind of distracted driving was the cause.

Have the students draw a diagram showing all the decisions a drivers brain must make while coming up to an intersection (ie. Is the light red, is there a stop sign, is someone coming left/right, how hard do I need to break, etc.)

- Have the students write and perhaps perform a scene about how passengers in a car can stop the driver from doing things that are distracting.

Have the class list ways to NOT use your cell phone at all when you drive (put it in the trunk, your purse, etc). Review short video 6. Cells

Have the class write a paragraph about why even HEARING the text or voice alert can be distracting and why you should turn your phone off. (even hearing the vibration can cause your mind to wonder who called).

Have the students **create posters for the school** about

- 1) eliminating driving distractions – use various distraction examples
- 2) how even a moment of distraction can cause a crash and
- 3) how vulnerable pedestrians, bicyclists and motorcyclists are compared to automobiles
- 4) the keys to safety for cyclists and pedestrians:
Visibility, Predictability, Communication

Have the students **create an ad campaign** (perhaps videos and radio ads or posters/bill boards) about:

- The three keys to safety on your bicycle
- The three keys to safety when walking
- The importance of stopping distracted driving
- How to be a hero by stopping a friend from driving distracted.
- How parents need to be the role model and not drive distracted.

DISCUSSION

ADULTS

Initiate a discussion and then let the adults direct its course. As with all discussion, ground rules will need to be set regarding respecting each other's opinions. Mention at the start that you DO NOT want personal stories during the discussion. Many times personal stories become the focus and little is accomplished.

One of the keys is to have parents understand how THEIR behavior is reflected in their children's driving, biking and walking habits.

DISCUSS:

What did you learn from the film? What surprised you?

How can we all be better and safer users of our roadways?

Based on the film, what are the **three keys to safety for pedestrians and cyclists?** (visibility, predictability, communication)

Why is exercise so important for everyone and how can we encourage more exercise (like biking and walking)?

What are the main ways to be distracted while driving? (**physical**, hands off wheel; **visual**, eyes off road; **mental**, mind off driving)

How do the following apply to each of the above ways: cell phones, drinking, sleepiness, gps device, radio, food, doing make up, etc.

What is the adults role in helping children not be distracted when driving, following the rules of the road while cycling or walking, being respectful to all transportation mode users?

According to the film, what role does speed play in auto crashes with pedestrians, bicycles and motorcycles?

A C T I V I T I E S

ADULTS

- Pick a date and time to talk with your children about this program or a time to watch it with them.
- Set a time and date to go over you (and your children's) bicycle equipment and update batteries in all your safety gear.
- Go through your closet (with your children) and set out the clothes you should be wearing when walking or biking (bright colors) OR make a point to get a light that you can attach to your bike or clothing for walking or biking.
- With your significant other or a friend (or kids) talk through how you can be more attentive while driving and how to stay focused so you can look for pedestrians and cyclists.
- Meet with school officials and discuss showing the video in drivers ed classes or with after school clubs.
- Check with your workplace to see if you could share this video or project with co-workers before or after work (or during lunch).

Q U E S T I O N S t o A S K

FOR ALL GROUPS, THESE CAN BE CONVERSATION STARTERS:

- Is this video a fair representation of why and how crashes happen?
- Is it really possible to stay more focused and watchful while driving?
- Can we talk to our local representatives about making our community safer for pedestrians and cyclists and how?
- What role do each of the following play in keeping everyone safe: pedestrians, cyclists, motorcyclists, motorists.
- Why and how does distracted driving affect all of us?
- Is it possible for us to change our behavior about this? How?
- What role do parents play in helping kids change their behavior?
- How can friends help drivers NOT drive distracted?
- Where are the best and safest places to walk in our community?
- Where are the best and safest places to bike in our community?
- How can we support our community officials to increase areas to bike and walk (to work, shop, play)?
- How can we encourage/support people to be kinder to each other when using the roadways?

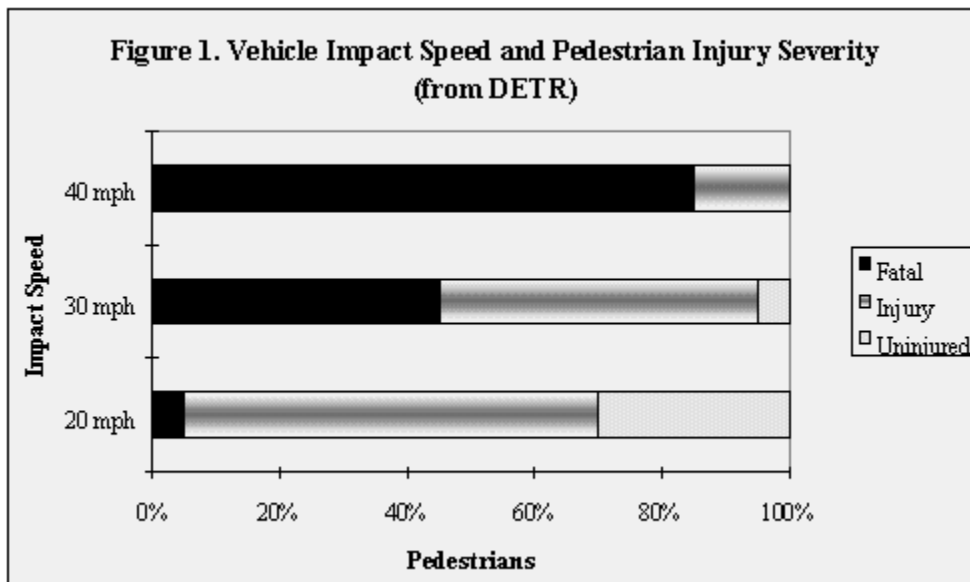
CONTINUE TO ASK “why?” and “why not?” and “can you explain that? ” after each answer.

Have the group coordinate:

1. group walk or bike event (to a function or movie or activity)
2. group meeting with local officials to discuss ways we can all help
3. one time safety event at school or work to share the video and have a discussion.

SPEED AND INJURIES GRAPH

For cars, sharing the roadway also means obeying speed limits; death and injury rates for pedestrians and bicyclists hit by motor vehicles increase dramatically as vehicle speeds increase, and slower speeds—especially at or below 20 mph—are the safest for all road users.



Source:

<http://www.nhtsa.gov/people/injury/research/pub/HS809012.html#vspeed>

R E S O U R C E S

New Mexico Information on youth issues	www.SafeTeen.net
National Highway Transportation and Safety Administration	www.NHTSA.gov
NHTSA Distracted Driving website	www.DistractedDriving.gov
New Mexico Department of Transportation	www.dot.state.nm.us
City of Albuquerque Parks and Recreation	www.cabq.gov/parksandrecreation
Esperanza Bicycle Safety Education Center	www.facebook.com/EsperanzaBike/
Albuquerque Cycling Bike ABQ	www.bikeabq.org
Ghost Bikes and information	www.DukeCityWheelmen.org
Child Pedestrian Safety Tips	www.safekids.org/walkingsafelytips
National Safety Council	www.nsc.org
Place Matters (environmental changes for health)	www.bcplacematters.com
New Mexico Motor Cycle Safety Program	www.nm-msp.org
Skilled Motorcyclist Association	www.smarter-usa.org
Christopher Productions Social Issues Information	www.ChristopherProductions.org
New Mexico Parent Teacher Association	www.nmpta.org



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PLEASE NOTE: YOU CAN ORDER THIS VIDEO ON LINE AND
AT www.SafeTeen.net

Hikers, Bikers and Automobiles

RESPONSE FORM:

Please take a moment to fill out the information below and then EMAIL to us as a word doc: Chris@ChristopherProductions.org

Thanks for letting us know how you're using the materials.

Name:

Organization:

Address:

Email:

Phone:

Which materials were used (documentary, curriculum):

Date(s) materials used:

Group(s) using materials (i.e. Class, Club, Group – what kind?)

Number of people using the materials:

Youth:

Adults:

Other comments about the materials and your discussion: