

## **S H O W S T A T I S T I C S** **INFORMATION for ACTIVITIES and DISCUSSION**

### REASONS FOR WALKING, RUNNING, CYCLING:

38% of Adults in America are obese.

2013-14 Centers for Disease Control

60% of US adults do not meet recommended levels of physical activity and 25% are completely sedentary.

US Surgeon General 2009

The US adult sedentary lifestyle is estimated to contribute to as many as 255,000 preventable deaths per year.

US Surgeon General 2009

New Mexico data shows that at least a quarter of kindergarten children are overweight or obese and about a third of third graders

Dr. Sylvia Negrete

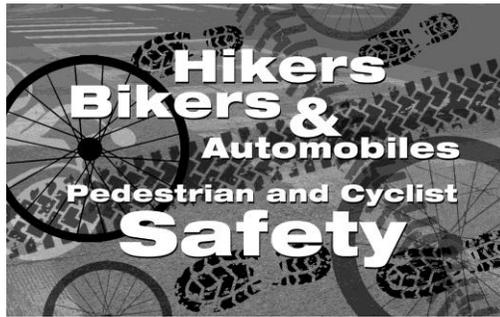
For workers 16 and over;  
89.7% drive a car to their place of employment.  
2.4% walk to work.  
1% use public transportation.  
0.7% ride a bike to work.

U.S. Census, New Mexico 2010

### ALCOHOL INVOLVED CRASHES (Pedestrians, Cyclists, Autos)

Of all crashes involving pedestrians, 23% involved alcohol.  
Of those crashes involving alcohol and pedestrians, it was the pedestrians who were under the influence of alcohol 93% of the time.

NM Department of Transportation 2012



Alcohol involvement by either the driver or non-motorist was reported in more than 37% of the traffic crashes that killed a bicyclist and 48% of crashes that killed a pedestrian.

NM Department of Transportation 2012

Almost one fourth (24%) of bicyclist killed in traffic crashes in 2012 were alcohol impaired (at or above .08 BAC)

NM Department of Transportation 2012

34% of pedestrians killed in traffic crashes in 2012 were alcohol impaired (at or above .08 BAC)

NM Department of Transportation 2012

#### CRASHES (Pedestrians, Cyclists, Autos)

New Mexico had the highest motor vehicle traffic pedestrian death rate in the U. S. in 2012, which was almost 2 times higher (1.9) than the U.S. rate.

New Mexico Epidemiology 2015

In 2013 in New Mexico, 52 pedestrians were killed in motor vehicle traffic collisions, 109 were hospitalized and 499 were treated and released.

New Mexico Epidemiology 2015

New Mexico had the second highest pedal cycle death rate in the U. S. in 2012 which was almost 1.5 times higher than the U.S. rate.

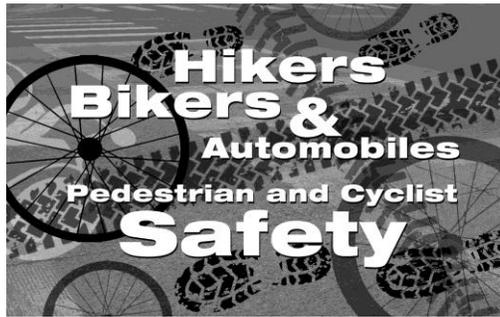
New Mexico Epidemiology 2015

In 2013 in New Mexico, 7 pedal cyclists were killed in motor vehicle traffic collisions, 89 were hospitalized and 1,684 were treated and released.

New Mexico Epidemiology 2015

Although Albuquerque has 26.5% of the states population, 48.4% of pedestrian crashes and 40.9% of all crashes occur in Albuquerque.

NM Department of Transportation 2012



More than half (61.7%) of bicycle crashes in Bernalillo County from 2008 to 2011 occurred on roadways without bicycle infrastructure.

Mid-Region Council of Governments 2013

## MOTOR VEHICLE DISTRACTIONS

Drivers **using cell phones** are **5 times more likely to crash** than non-distracted drivers. People are **as impaired when they drive and talk on a cell phone as they are when they drive intoxicated.**

Summer Issue "Human Factors", Research University of Utah

60% of drivers under age 35 say talking on the phone makes **NO DIFFERENCE** to their driving performance.

National Highway Transportation Safety Administration

Texting takes your eyes off the road an average of **4.6 SECONDS**

Virginia Tech Transportation Institute

One in four teens respond to a text message once or more every time they drive.

University of Michigan Transportation Research Institute

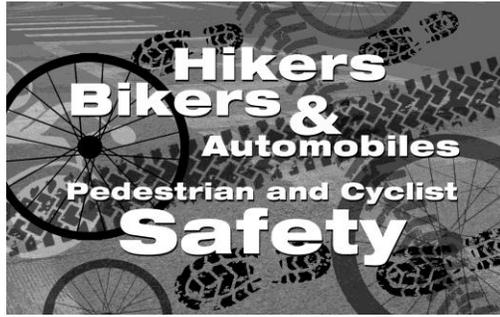
One out of every eight motor vehicle accidents is due to sleepy driving.

University of Iowa

68% of drivers 18 to 20 answer incoming calls while driving  
60% of drivers 45 to 64 answer incoming calls while driving.  
78% of drivers 25 to 34 answer incoming calls while driving

National Highway Transportation Safety Administration

## MOTORCYCLE CRASHES



In New Mexico in 2014 there were 46 motorcycle fatalities with 9 of those wearing helmets (35 not wearing helmets and 2 unknown).

National Highway Traffic Safety Administration 2015

In 2013, 28 percent of all fatally injured motorcycle riders had BACs of 0.08 percent or higher. Another 7 percent had lower alcohol levels (0.01 to 0.07 percent BAC).

Insurance Information Institute December 2015

Fatally-injured motorcycle riders between the ages of 40 to 49 had the highest rate of alcohol involvement (40 percent), followed by the 35 to 39 age group (33 percent).

Insurance Information Institute December 2015

In 2013 motorcycle riders killed in traffic crashes at night were almost four times more likely to have BAC levels of 0.08 percent or higher (46 percent) than those killed during the day (12 percent).

Insurance Information Institute December 2015

The reported helmet use rate for motorcycle riders with BACs at or over 0.08 percent who were killed in traffic crashes was 46 percent in 2013, compared with 66 percent for those who did not have any measurable blood alcohol.

Insurance Information Institute December 2015

In 2013, 34 percent of all motorcycle riders involved in fatal crashes were speeding, compared with 21 percent for drivers of passenger cars.

National Highway Transportation Safety Administration